

CSW 65 Priority Theme:

“Women’s full and effective participation and decision making in public life, as well as the elimination of violence, for achieving gender equality and the empowerment of all women and girls.”



INVITATION for CSW 65 – Virtual Parallel Event

The Foundation for Subjective Experience and Research S.E.R.

in collaboration with

the **Sisters of Charity Federation**,
the **Institute of Blessed Virgin Mary - Loreto Generalate**
and **ERGOSOMA® international / Ergosom Association**

is pleased to invite you to a virtual workshop on

Friday, March 19th, 2021, from 2:00 p.m. to 3:30 p.m. CET

Description of event:

This event will focus on the impact of reconciliation, resilience and mental health as an indispensable basic requirement for a first step into sustainable peace processes. It will provide interactive parts with exercises and questions and report on contemplative dialogue to bring groups to speak together as well as addressing violence against women and girls with legal system. The best practice project "Ergosoma® Migra" shows us how to strengthen health perception and selfhealing power of migrant women.

Moderator: Ms Heike Kaehler, Member Board of Directors,
President UN NGO Affairs - S.E.R. Foundation Germany

1. Foundation for Subjective Experience and Research S.E.R.

www.ser-foundation.org

"The impact of reconciliation to empower women and girls from different backgrounds in public life, peace processes and health care"

Speakers: Ms Josefina Brecht, UN NGO Main Representative Affairs
Ms Dorothy Habig, UN NGO Representative

2. Sisters of Charity Federation

www.sistersofcharityfederation.org

"Contemplative dialogue to bring diverse groups to speak together"

Speaker: Ms Gertie Jocksch, UN NGO Representative

3. Institute of Blessed Virgin Mary - Loreto Generalate

www.ibvmunngo.org

"Addressing violence against women and girls with legal system and its challenges"

Speaker: Ms Teresia Wamuyu Wachira,
Co-president of Pax Christi International

4. ERGOSOMA® international / Ergosom Association

www.international.ergosom.org

"Strengthening health perception, selfhealing power and resilience of migrant women with 'Ergosoma® Migra' "

Speaker: Ms Anke Schmidt-Bratzel
"Health for change - Participating and shaping through the 'I am' "

Speaker: Ms Monika Volkmer
"Connecting and reconnecting to the Healthy Inner Core"

Speaker: Ms Baerbel Pegels-Niesel
" 'You gave me my name back' - Coping with posttraumatic disorders"

Speaker: Ms Serap Tanis
"Resilience: Empowering my team at the ZIB Center for Integration and Education - die kurbel Oberhausen"